

Sampling of K48-PLUS Success Stories

Energy We've had a lot of people in our family try the K48. Everyone that tried it, young and old, felt at least a little happier and had more energy. Some dramatically improved in energy and mood. *Lani V., Idaho* **Autism** My 6-year-old adopted daughter has an autistic spectrum disorder that could only be controlled with medications at as high as \$900 a month. Within 3 weeks on K48-PLUS we saw remarkable results. She can now sleep through the night. She had to be on a leash in public because she would dash in front of cars. She's much calmer now and doing better every day. She takes 5 capsules of K48-PLUS a day and is off her expensive medications. I have a new daughter thanks to K48-PLUS. *Jeff A., Idaho* **Infections** I had pneumonia and was only getting worse when I first started taking K48-PLUS. I also had really severe heart problems and was on insulin for type-2 diabetes. I was amazed at how quickly I was able to recover from pneumonia, and at the same time my heart problems normalized and I was able to get off my insulin. I'm amazed at the results. *Darin B., Idaho* **Parkinson's** My husband has had Parkinson's for several years. We recently saw a dramatic downturn. Within the first week of taking the Supplement Pack from JD Premium with K48-PLUS, that all changed. At this point we figure his health is back to what it was a little over a year ago. He has been doing things that he has not been able to do for well over a year. His outlook and mood have improved, and he laughs again. That alone is worth everything to us! *Lani V., Idaho* **Workout Recovery** I am an ironman triathlete and have trained consistently for many years. Over the last decade I've seen my abilities and recovery time go steadily down. As a medical doctor I've tried every process and supplement I could find to bring back the endurance I once had. Since taking K48-PLUS I've literally seen 20 years shaved off my recovery time and my athletic abilities have returned to where I was years ago. *Dr. Mike B., Idaho* **Macular Degeneration** I was diagnosed with macular degeneration several years ago and seemed to be losing my vision little by little. After taking K48-PLUS, I took a vision test and could suddenly read the tiniest line on the chart. I'm amazed at my vision improvement. *Jim M., Utah* **Cardiovascular** I went in to have a stent put in an artery. When he was going to insert it the doctor told me my arteries were no longer blocked. I didn't need the stent. The only change I had made during the 4 months before was taking K48-PLUS. *Tom M., Idaho* **Depression** I have had depression issues all of my life and have been going through a fairly long period recently. Within a week of taking K48, the depression was gone and has not returned. It's something very healthy, without the side effects of drugs. *Lani V., Idaho* **Animal Hip Dysplasia** My 9-year-old German shepherd has severe hip dysplasia and couldn't stand very long without falling down. Sometimes when he would fall he would "yipe" from the pain. He has had this disability for about a year now. Two weeks after he started taking K48, he was standing and walking without falling. He has changed from being depressed and in pain to wanting to play. He seems to get a little better every day. *Gina C., Idaho* **Heart Condition** I have a brother in Idaho who is a large contractor. He had more than 50% of his heart destroyed from a rattlesnake bite he didn't know he had. One doctor told him he had only 27% of his heart functioning. After four weeks of taking K48-PLUS, he can go more than 3 hours without using his oxygen tubes. He has been able to return to work and the things he loves. He's off 3 of his heart medicines. K48-PLUS is God's answer to good health. *Blaine H., Utah* **Bursitis** Three years ago I went to physical therapy for bursitis and a frozen shoulder. After many painful months I got about 2/3rds of my range of motion back. I also had chronic lower back pain. Since taking K48-PLUS I've got complete motion back in my shoulder and my back pain is virtually gone. *Bill F., Idaho* **Psoriasis** I suffer from severe psoriasis. My doctor prescribed fluocinonide. After over 2 years of use, without much change, I was sent to a dermatologist. She prescribed a stronger one but there was little relief. When I started taking the Supplement Pack with K48-PLUS, there was an immediate change in my psoriasis. The rashes on my legs began to break up. They became "small" spots rather than "patches." At 2 weeks, my upper body had no psoriasis. My legs are getting better by the day! I am ecstatic about the improvement. *Walter G., New Jersey* **Osteoarthritis** I have been suffering with osteoarthritis in my left knee for several years. Lately, it's been extremely difficult to walk without pain or limping. I started taking the Supplement Pack two months ago. I began to realize less and less pain. My knee was becoming more limber, and my range of motion was improving. I began taking less and less of my prescribed medication. I feel better, I have more energy, and I am definitely in less pain. In fact, on most days, I am pain-free. *Fran B., Alabama* **Blood Pressure & Cholesterol** Without taking any medications my starting blood pressure was 165/120, my glucose was 269, my total cholesterol was 282, my HDL was 70, and my LDL was 151. Eight months later after taking the Supplement Pack with K48-PLUS daily, my blood pressure was 130/75, my glucose was 135, my overall cholesterol was 169, my HDL was 90, and my LDL was 128. My doctor asked me what I had changed in my diet. The only things were no soda and the supplements! *Walter G., New Jersey* **Pain Relief & Weight Loss** I am 56 and have had 2 major surgeries on my left knee and 3 on my right. Two weeks after starting the Supplement Pack, the swelling in my knees had gone down to almost nothing, and I was moving much better. I stopped taking three brand name pain relievers each day for my knee pain and stiffness. I now go several days without taking any. By the end of the first month I had lost 18 lbs. I have far more energy. *Norm S., Idaho* **Cholesterol** K48-PLUS has helped lower my eleven-year old son's cholesterol. I am most excited about being able to provide a healthier lifestyle for my family both inside and out! Thank you JD Premium! *Sharon M., Michigan* **Diabetes** I have been a diabetic for the past eight years. I started taking K48-



PLUS and after two months I had my yearly blood work done. All my tests came back in the high normal range. In fact, my bad readings were raised to normal. I was so impressed that I switched my order to the complete Supplement Pack. This has been one of the best moves I've ever made. My energy is up and I feel great! *Jim P., Missouri* **Pain** The thing that has endeared me to K48-PLUS for good, is that I've noticed my knees don't hurt as bad after taking it for two months. After riding in and driving 18 wheelers and heavy equipment "literally" since I was in diapers, my knees know about it. I can't promise it'll help your knees, but it's sure helped mine, and I LIKE IT! *Ronnie H., Louisiana* **Chronic Anemia** I have had chronic anemia for 15 years with over \$300,000 in medical bills a year. When I lost my job and insurance, I could no longer afford the \$16,000 treatments I needed. My doctors told me my body couldn't absorb minerals and vitamins, so I didn't think the K48-PLUS would help. However, within 5 days I had energy, I felt great, and the black lines under my eyes began disappearing. I got involved in the business opportunity because so many people wanted to know why I was suddenly feeling so much better. They wanted to try the product.

It's not only a lifesaver for my health but great financial security for me and my three children. *Mindi S., Utah* **Recovery after Orthopedic Surgery** My results in taking K48-PLUS were so remarkable that I signed up my orthopedic surgeon. I was in an especially bad car crash a year ago that smashed my ankle. I had a lot of metal put in. When I had the metal removed, my doctor said, "let's do a test using 8 capsules a day before and after surgery." Normally I would have been on crutches for 2 weeks. I was off crutches in 2 hours with no debilitating inflammation. It may seem like a miracle, but it's simple science. K48-PLUS reduces inflammation. *Josh A., Idaho* **Diabetes** I am a severe diabetic...Lipitor, insulin, and everything. My sugars were between 200 and 300 before I started. Anything over 150 damages your organs. I didn't change what I eat. Now my sugars are between 100 and 150. I got off Lipitor. This month I was able to cut my insulin use in half. *Ken M., Idaho* **Blood Pressure** I was on a high dosage of Coumadin. I read on the bottle of K48-PLUS that if you're on a blood thinner, be careful. That scared me. But I went ahead and started by taking one a day. After a month I got checked, and my doctor was able to cut my dosage of Coumadin. I went back in 10 days and he dropped it again. It happened 3 times. I'm down to almost half and hope to get completely off Coumadin soon. *Ken M., Idaho* **Arthritis** My wife had arthritis in her fingers. She had a lot of inflammation and pain. She started taking K48-PLUS. She now has no more soreness in her fingers. The inflammation is gone. I'm so thankful that my friends talked us into taking these products. *Ken M., Idaho* **Stiffness** I had stiff muscles and difficulty moving. My husband wore holes in the sheets from jerking his feet in pain at night. My feet are not stiff any more. I can walk on them, and it doesn't hurt. We have had fabulous results from this product. When I compare taking fish oil with taking K48-PLUS, it's like rocks and diamonds. *Rebecca M., Utah* **Acne** My daughter's acne has cleared up on one K48-PLUS capsule a day. He's had since she was a young teen. She's tried everything she could think of. They'll work for a little while then they don't. K48 has also helped with her moodiness. She's happier and more outgoing...not so solemn. *Sandee M., Idaho* **Improved Sleep and Weight Loss** I ordered the Supplement Pack with K48. Within a few days I felt extra energy and noticed I didn't need to sleep as much. When I woke up I was refreshed and ready to go. A few weeks later I noticed I had lost 9 lbs during holidays. That is unheard of. To date I've lost over 15 lbs. I haven't exercised more. Actually I'm doing a lot more because I've had more energy. *John, Idaho* **Arthritis** I've had osteoarthritis for about 8 years from an old logging accident. My knee has been swollen up for a long time. I noticed after about 2 weeks of taking K48-PLUS that the swelling started to go down. I woke up and all of a sudden it was like being a new guy. It was like getting a new leg without a transplant. Now the swelling's gone and I can almost run again. I'm 52 years old. I thought I was going to have to deal with it the rest of my life. *Jeff H., Idaho* **Dry Skin** The lotion with the Krill Oil looked good for my dry skin, and I tried the Green Tea soap too. After a few days I realized that all those dry scales were gone. I had really dry heels and had to practically buy a new pair of nylons every time I wore them. Within 3 or four days of using the lotion, I noticed that they were fine. *Bonnie S., Idaho* **Better Sleep & Charlie Horses** I couldn't sleep. I'd be awake 3 1/2 hours every night getting only half the sleep I needed. When I started taking K48-PLUS, I noticed that I started sleeping all night long. I've been taking one pill at night and one in the morning. I'm sleeping every night. I also had Charlie Horses really bad in the night. I've noticed that I'm not getting up in the night with them any more. *Bonnie S., Idaho* **Lower Triglycerides** Without taking the prescription drug Vytorin, my triglycerides would soar to over 350. After taking K48-PLUS for two months, a simple blood test showed a drop in my triglycerides of over 212 points. I'm no longer taking Vytorin. *Deren S., Idaho* **Pain and Prescription Drug Addiction** An industrial chemical accident left me with burns over 18% of my body. Side effects, overdose, addiction, and eventual ineffectiveness of prescription pain medications plagued me for more than 15 years. When I began taking 2 capsules of K48-PLUS a day, nothing happened. I doubled the dose to 4, and after only 5 days began backing off my prescriptions pill by pill, day by day with little or no problems. I no longer worry about the negative effects of high doses of narcotics. I have replaced over \$600.00 in monthly prescriptions. *Deren S., Idaho* **Pain** I was in a train accident in 2007. I have had 4 shoulder surgeries, 1 arm surgery, 1 brain surgery, and 1 knee surgery. I have been on either Lortab or Percoset continuously, mostly for my shoulders. I have been taking K48-PLUS for 3 weeks and have been able to quit the drugs for shoulder pain. *Rex S., Utah*